

Sold Out Even When I am Discouraged (part 1)
I Kings 19:1-8

Our _____ influence our _____ and control our _____.

**(3) Contributors to the
emotion of discouragement:**

1. _____
2. _____
3. _____

**(2) Thoughts to concentrate on
when you began to feel discouraged:**

Thought #1:

Think about _____ and what He did for you on the _____.
(Hebrews 12:1-3)

Thought #2:

Think about what you _____ instead of what you _____.
(Philippians 4:8)

NOTES: